

## BREAKFAST MENU

<u>COFFEE &amp; TEA</u>	SM	MED	LG
HOT COFFEE & HOT TEA	\$1.49	1.79	2.09
ICED COFFEE & ICED TEA	\$1.69	2.09	2.49

\*WE USE JIM'S ORGANIC COFFEE & THE REPUBLIC OF TEA

<u>SPECIALTY DRINKS</u>	SM	MED	LG
ESPRESSO	\$1.49	1.99	2.49
LATTE	\$2.49	2.99	3.49
FLAVORED LATTE	\$2.99	3.49	3.99
CAPPUCCINO	\$2.49	2.99	3.49
MOCHA	\$2.99	3.49	3.99
CHAI	\$2.49	2.99	3.99
HOT CHOCOLATE	\$1.99	2.49	2.99

<u>ICED SPECIALTY DRINKS</u>	SM	MED	LG
ICED LATTE	\$2.99	3.49	3.99
ICED FLAVORED LATTE	\$3.49	3.99	4.49
ICED MOCHA	\$3.49	3.99	4.49
ICED CHAI	\$2.99	3.49	3.99
ITALIAN SODA	\$1.99		
FLAVORED SYRUP, SPARKLING WATER & ICE			
ITALIAN CREAM SODA	\$2.49		
ITALIAN SODA W/ HALF & HALF			
OLIOCCINO	\$3.79		
ESPRESSO, MOCHA, CINNAMON, MILK & ICE			

\*DECAF ESPRESSO, SKIM MILK & SOY MILK ARE AVAILABLE AS WELL.

<u>PASTRIES</u>	
MUFFINS	\$1.29
MUFFIN TOPS	\$1.99
WHOLE WHEAT MUFFINS	\$1.99
SCONES	\$1.99
BAGELS	\$1.29
BAGEL W/ CREAM CHEESE	\$1.79
BUTTER CROISSANT	\$1.79
FLAVORED CROISSANTS	\$1.99
CINNAMON BUNS	\$1.79
COFFEE CAKES	\$1.79
CRUMB CAKES	\$1.79
GOURMET COOKIES	\$0.99
GOURMET BROWNIES	\$1.79
GOURMET CUPCAKES	\$2.99

<u>BREAKFAST ITEMS</u>	
BREAKFAST PANINI	\$3.49
BACON, HAM OR TURKEY BACON WITH EGG & CHEESE	
SAVORY CROISSANTS	\$3.49
HAM, EGG & CHEESE OR SPINACH & FETA CHEESE	
FRESH FRUIT SALAD	\$3.99
SEASONAL FRUITS WITH FRESH MINT & LIME JUICE	
YOGURT PARFAITS	\$4.49
VANILLA OR STRAWBERRY LOWFAT YOGURT W/ BERRIES & HONEY	

<u>FROZEN TREATS</u>	SM	MED	LG
GELATO (ICE CREAM)	\$2.49	3.49	4.49
SORBETTO (SORBET)	\$2.49	3.49	4.49
REAL FRUIT SMOOTHIES	\$3.79		

## LUNCH MENU

<u>SOUPS</u>	SM	MED	LG
CLAM CHOWDER	\$2.99	4.49	5.99
SOUP OF THE DAY	\$2.49	3.49	4.99

<u>SALADS</u>	
SMALL GARDEN SALAD	\$2.99
LARGE GARDEN SALAD	\$4.99
GREEK SALAD	\$6.99
GRILLED CHICKEN CAESAR SALAD	\$7.49
HOUSE MIXED FIELD GREENS	\$6.99
CRUMBLLED GOAT CHEESE, DRIED CRANBERRIES & CANDIED PECANS	

\*ADD TUNA OR CHICKEN SALAD TO ANY SALAD FOR \$1.99

<u>DELI SANDWICHES</u>	
OVEN ROASTED TURKEY	\$6.49
BLACK FOREST HAM	\$6.49
CHOICE ROAST BEEF	\$6.49
HOMEMADE TUNA SALAD	\$6.99
HOMEMADE CHICKEN SALAD	\$6.99
TRADITIONAL ITALIAN SUB	\$6.49
WHOLE WHEAT WRAP OF THE DAY	\$6.49

\*WE USE MCKENZIE OF VERMONT DELI MEATS

<u>GRILLED PANINIS</u>	
HOUSE PANINI	\$7.49
TOMATO, MOZZARELLA, BASIL, PROSCUITTO & BALSAMIC GLAZE	
GOAT CHEESE PANINI	\$7.49
GOAT CHEESE SPREAD, BASIL AIOLI & ROASTED RED PEPPERS	
ITALIAN PANINI	\$7.49
HAM, SALAMI, MORTADELLA & PEPPERONI W/ PROVOLONE,	
TOMATO, PEPPERONCINI, OREGANO & BALSAMIC GLAZE	
PANINI OF THE DAY	\$7.49

<u>GOURMET SANDWICHES</u>	
THE GOBBLER	\$8.99
THE TUSCAN	\$8.99
THE MEDITERRANEAN	\$8.99
THE CALIFORNIAN	\$8.99
THE "OLD SANDWICH" SANDWICH	\$8.99

<u>PREPARED SALADS</u>	
CHICKEN SALAD	\$9.99 PER LB
TUNA SALAD	\$9.99 PER LB
PASTA SALAD	\$6.99 PER LB
POTATO SALAD	\$6.99 PER LB
COLE SLAW	\$5.99 PER LB
BEAN SALAD	\$6.99 PER LB
FRUIT SALAD	\$7.99 PER LB

<u>COMBINATION SPECIALS</u>	
PREPARED SALAD PLATE (CHOOSE ANY 3)	\$6.99
SMALL SOUP & LARGE GARDEN SALAD	\$6.49
SMALL SOUP & HALF DELI SANDWICH	\$6.49
LARGE GARDEN SALAD & HALF DELI SANDWICH	\$6.49

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.*